

## Bulletin #17 January 9, 2024

### Important Dates:

**January 16:** Black Shirt Day

**January 17:** Last Day of Classes Grades 10-12

**January 26:** No Classes for Grades 8&9

**January 31:** Report Cards / Semester 2 starts

### Exam Prep:

As student-athlete's begin to prepare for final exams in January of 2024 please feel free to use these study tools:

[Alberta Exam Bank](#)

Username: nss

Password: sport

[Alberta Education Practice Tests](#) for Grade 9 and Grade 12

Username and Password: not required

### Volunteer Opportunity:

Are you looking for Volunteer Hours or Experience? Springbank Curling Club is looking for volunteers to assist with the Provincial Wheelchair Curling Championships, Jan 19-21.

Games are approximately two hours long. No experience is required, we will provide any training needed before each game. Positions include assisting curlers on the ice, entering scores online and posting points scored.

Please contact Cori at (403) 819-5341 or email [cori.vankeulen@gmail.com](mailto:cori.vankeulen@gmail.com)

### Stem Fellowship:

STEM Fellowship (<http://stemfellowship.org>) is a national, non-profit, student-run organization that uses mentorship and experiential learning to connect and empower young innovators interested in STEM

(science, technology, engineering and math). This year's application, participating labs, applicant handbook, and 2023 testimonials can be found [here](#).

*Please note that it is imperative that all students read the [2024 Applicant Handbook](#) in its entirety prior to beginning the application process.*

Our program is open to all grade 11 and 12 students, but we particularly target students from communities traditionally underrepresented in STEM fields. Our definition of underrepresented will be based on self-identification and may include indigenous, refugee or economically disadvantaged youth.

Applications will be open between November 28th, 2023 and January 12th, 2024.



**STEM Fellowship**  
UNIVERSITY OF CALGARY

**MARCH 25-29 2024**

**HIGH SCHOOL RESEARCH INTERNSHIPS**

**A UNIQUE OPPORTUNITY FOR GRADE 11/12 STUDENTS TO PARTICIPATE IN UNIVERSITY RESEARCH!**

**APPLICATIONS OPEN NOVEMBER 28 - JANUARY 12**

Contact us at [ucalgaryinternships@stemfellowship.org](mailto:ucalgaryinternships@stemfellowship.org)



## US College Expo:

This is an amazing opportunity for students who are interested in pursuing higher education in the United States. The US College Expo 2024 is a one-day event in Toronto & Calgary where you can meet with special guests and representatives from US colleges, gather information about their programs, and get answers to your questions about the admissions process. The US College Expo will feature a wealth of information, guest speakers, and opportunities to engage with representatives from various US colleges. It's an event tailored to empower students as they navigate the exciting path toward higher education. Don't miss this chance to learn about your options for studying in the US and to have some fun while doing it! Register now for free at <https://uscollegeexpo.com/register> and we'll see you at the US College Expo.

**Sunday, April 28, 2024**

**11:00AM - 2:00PM**

**Arts Commons**

## Garden Cafe Specials for NSS Students:

Please note there is no additional student discount on these items.

Monday	Burger & Fries	\$9.95
	Veggie Burger & Fries	\$10.25
Tuesday	Taco in a bag - Doritos, beef, lettuce, cheese, sour cream, salsa	\$6.50
	Tacos - 6" tortillas (2), beef, lettuce, cheese, sour cream, salsa	\$7.50
Wednesday	Chicken Fingers & Fries	\$10.50
	Chicken Caesar Wrap	\$10.00
Thursday	Hog Dog & Fries	\$7.25
	Small Chicken Power Bowl	\$9.50

## Student Successes:

Congratulations to Kael J. who will be competing in Ski Cross at the Gangwon 2024 Winter Youth Olympic Games.



Congratulations to Danae B. who has qualified for the Alberta Winter Games in Slopestyle Rails and Border Cross.



Congratulations to Laon K. who has officially swept all of the freestyle Canadian records in the boys 13/14 category. His sweep includes a record that has stood for 44 years!!

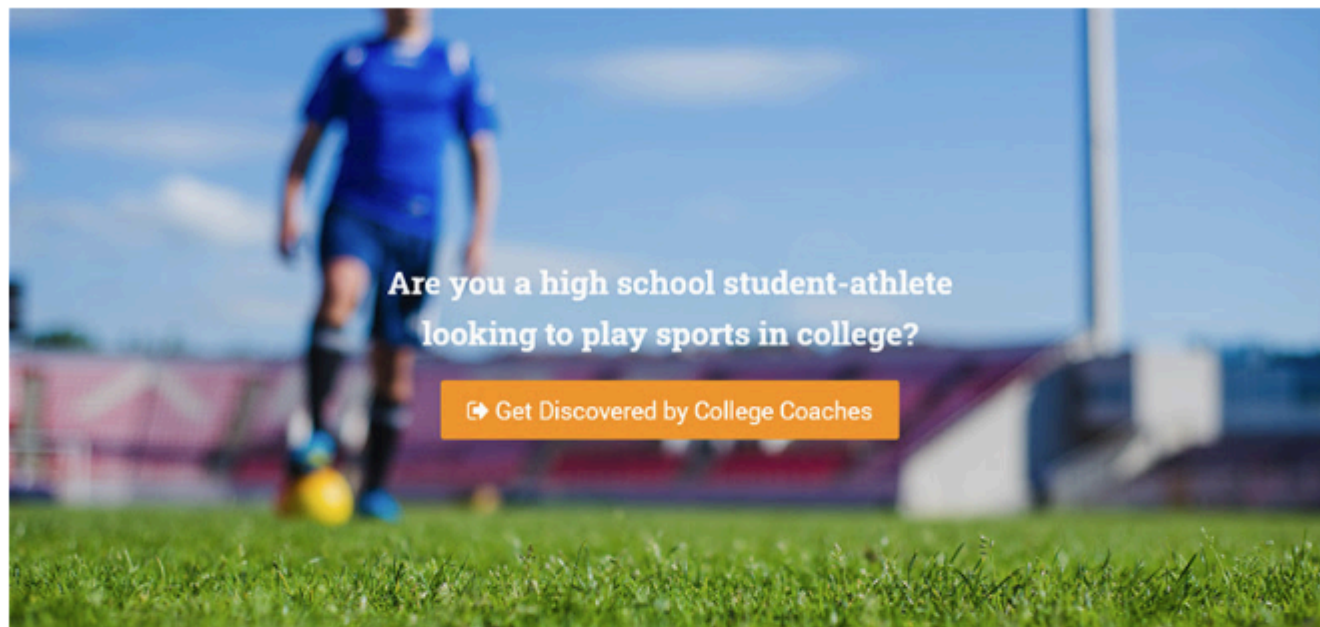
100 Freestyle in 50.39

200 Freestyle in 1:49.62

1500 Freestyle in 15:56.44







## Do you want to play sports in college? Get Recruited

We're excited to let you know that [NCSA College Recruiting](#), the online recruiting arm of IMG Academy, has teamed up with Prepskills and will be onsite for the US College Expo in Toronto.

Want to know more about the #1 college recruiting platform, where 90% of college coaches come to scout new recruits? Senior Director of Regional Education at NCSA, Julian Jenkins, will be onsite hosting recruiting assessments as part of your US College Expo experience. Julian will be discussing ways to elevate your athletes' recruiting process, along with what needs to be done to succeed and find the right fit college!

For over 20 years, NCSA has been a leader in college athletic recruiting, and is proud to continue growing their legacy as part of IMG Academy. Whether you're just looking for college recruiting advice or are seriously interested in how to get athletic scholarships, we encourage you to schedule your recruiting assessment with Julian while onsite to discuss your recruiting game plan more in depth!

**[START YOUR FREE NCSA PROFILE HERE!!!](#)**



## ***Any Grade 10 and 11 girls interested in Engineering??***

You probably know that engineers build bridges, but do you know that they write computer software? Investigate new ways to bring clean water to communities? Design medical devices that are changing the face of healthcare?

Join us for a **FREE** annual event designed to introduce Grade 10 and 11 girls and non-binary youth to the exciting world of engineering! Not only can students find out more about the diverse array of engineering disciplines they can choose from, they get a "day-in-the-life" experience of what studying engineering with us would be like.

This fun and engaging day includes:

- Interactive Engineering Demos
- Engineering Design Challenge
- Department Fair
- Keynote Speaker
- Free lunch

**Date:** Thursday, February 22, 2024

**Location:** Schulich School of Engineering, ENC 70

**Time:** 8:45 a.m. - 3:30 p.m., registration opens at 8 a.m.



## January 2024 Final Examinations - Grade 10 - 12

Monday, Jan 8			Tuesday, Jan 9		Wednesday, Jan 10		Thursday, Jan 11		Friday, Jan 12	
Classes Resume					ELA 30-1 (Part A) ELA 30-2 (Part A) 9:00 - 12:00 Room 112 & 114		Social 30-1 (Part A) Social 30-2 (Part A) 9:00 - 12:00 Room 113 & 114			
Monday, Jan 15			Tuesday, Jan 16		Wednesday, Jan 17		Thursday, Jan 18		Friday, Jan 19	
					Last Day of Classes Grades 10-12		Tutorials Available as Needed		Tutorials Available as Needed	
							Science 10 (Howell) (Forsyth) 9:00-11:00 Rooms 112,117&120	Social 20 (Part A) (Sharda) 9:00-11:00 Rooms 113 & 114	ELA 20 (Zado) (Thomson) 9:00-11:00 Room 112 Room 114	
Monday, Jan 22			Tuesday, Jan 23		Wednesday, Jan 24		Thursday, Jan 25		Friday, Jan 26	
Math 30-1 9:00-12:00 Room 117	Math 30-2 9:00-12:00 Room 114		ELA 30-1 (Part B) ELA 30-2 (Part B) 9:00 - 12:00 Room 117 & 114		Social 30-1 (Part B) Social 30-2 (Part B) 9:00-11:30 Room 117	Social 20 (Part B) 9:00-11:00 Room 113 Room 114	Bio 30 9:00-12:00 Room 117		Chem 30 9:00-12:00 Room 114 & 117	
Math 20-1 9:00-12:00 Room 107&112	Math 20-2 9:00-12:00 Room 120	Math 10 C 9:00-12:00 Room 113, 118, 121	Chem 20 (Biegler) 9:00-11:00 Room 121	Bio 20 (Sceviour) 9:00-11:00 Rooms 120 & 112	Physics 20 (Robichaud) 9:00-11:00 Room 112					
Monday, Jan 29			Tuesday, Jan 30		Wednesday, Jan 31					
Physics 30 9:00-12:00 Room 117			Science 30 9:00-12:00 Room 117		First Day of Semester 2					



WinSPORT™



**Palliser**  
Regional Schools

## National Sport School

Suite 110, 151 Canada Olympic Road S.W., Calgary AB T3B 6B7

t | 403-777-7329 [nss\\_main\\_office@pallisersd.ab.ca](mailto:nss_main_office@pallisersd.ab.ca)

### January 2024 Final Examinations - Grade 8 - 9

Monday, Jan 22	Tuesday, Jan 23	Wednesday, Jan 24	Thursday, Jan 25	Friday, Jan 26
Regular Classes 8 & 9	Regular Classes 8 & 9	Regular Classes 8 & 9	Regular Classes 8 & 9	PD Day Grade 8 & 9
Monday, Jan 29	Tuesday, Jan 30	Wednesday, Jan 31		
Regular Classes 8	Regular Classes 8 & 9	First Day of Semester 2		
Science PAT (Howell) (Burkart) PAT 9:00-10:15 Rooms 122, 406, 407, 408				